**Intro to Power Statements Worksheet**

**What is a power statement (sometimes also called an accomplishment statement)?**

* A power statement is a short and impactful sentence that highlights your key skills and achievements from previous experience which is included in resume or job interviews.

**Why use them?**

* We use power statements to advocate for ourselves by the past skills we possess and differentiate oneself from other competitors.

**Give 3 examples of a power statement:**

* Planned 2 educational events with a team of five people by having follow up everyday via zoom and teams to create 95% student satisfaction rate from students that attend
* Reported weekly update using Microsoft excel to the manager resulting in 50% increase in data summary at the end of the year.
* Programmed a unit test with the help of Black Hat to increase productivity by half.

**What ingredients make up a power statement?**

* Action verbs
* Quantifiers
* Tools used/ Qualifiers.
* Results

**List 5 action verb examples:**

* Planned
* Adapted
* Programmed
* Organized
* Initiated

**What kinds of information (quantifiers aka numbers and/or qualifiers aka descriptive details) can you include in a power statement? Give 3 examples of these things:**

* 75% satisfaction rate
* 10 new hires
* Power BI

**Give two examples of results that one might see in a power statement:**

* Increased customer satisfaction rate by 75%
* Sold more than 200 tickets